

Deputy Principal Matters by Nathalie Bodley

A Welcome rest is here! Time to unplug...

We have all finally made it to the end of term 3. Consider this a real achievement! Year 12 and year 11 have completed their final 'online' exams ready to move to the next stage of their education. Years 7-10 have also mastered online assessments in virtual examination rooms monitored by their teachers. The Wellbeing days have generated new skills and creativity in all of us and now it's time for a well-deserved rest for all: staff, students, and parents. We've all realised the value of our friendships, even those fleeting corridor interactions we take for granted and our amazing families. This has been a difficult time for so many, yet we grit our teeth and persevere. Well done for making it to the end of term 3, we've proven that together we can do this! Enjoy the sunshine, unplug from screens, take some deep breaths, and release all that tension, the holidays are here.



The school term for term 4 resumes online for all years on Tuesday, October 5.

Please look at the Sentral Calendar and your Google Classrooms for information about online classes.

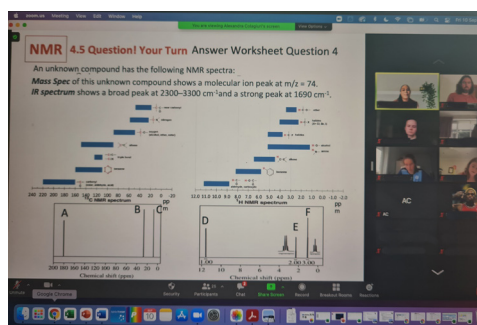
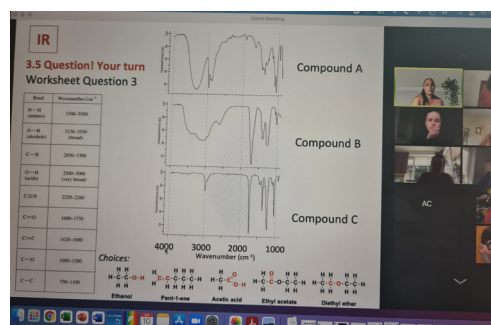
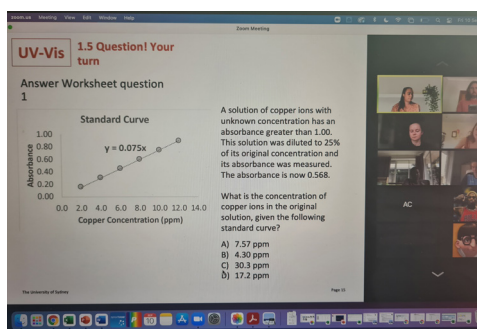
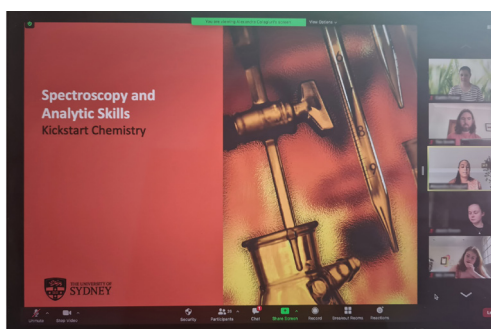
Gardening at school for Wellbeing

Ms Anabella Gray encouraged a couple students to get off their screens, get their hands dirty and be outdoors. It was just what they needed - to feel connected with the school again. Friends together during this socially isolating time was invaluable. This photo 'put a smile on your face like it did mine today - boys laughed all day long, it was so heart-warming to hear them!' Thanks so much for arranging Annabella :)



Year 12 Chemistry

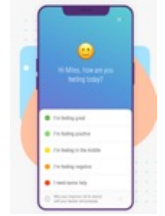
Last Friday Year 12 Chemistry participated in a workshop run by the Kickstart team from the University of Sydney. This workshop demonstrated the use of Nuclear Magnetic Resonance, Intra-Red, UV-Vis and Mass Spectroscopy as well as providing an overview of how the techniques are used by chemists for qualitative and quantitative analysis. The workshop provided a lot of insight really helped reinforce the concepts investigated in class this term.



Pulse – Supporting Student Wellbeing

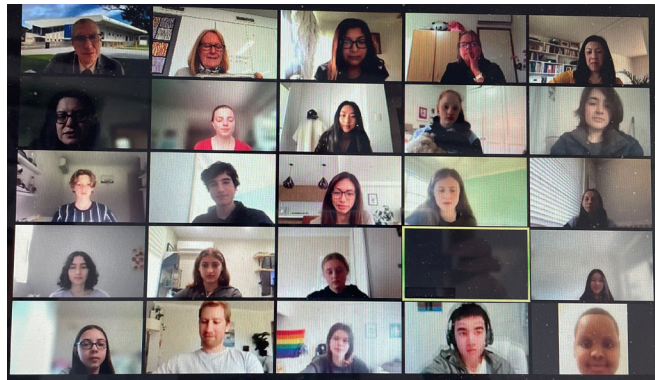


From week 1 term 4, SIHS is excited to be trialling the Pulse wellbeing tool with students in year 7-11. Every Wednesday, students will have the opportunity to answer a 60 second wellbeing survey which has been modelled on the evidence-based ARACY (Australian Research Alliance for Children and Youth) mental-health framework. Pulse will allow us to proactively support your child's wellbeing and plan for long-term welfare programs, interventions, and workshops. Information on the program will be sent to students and parents soon. Please contact Maria Miller if you have any questions or comments. maria.miller17@det.nsw.edu.au



Year 7 & 8 High Achievers Virtual Morning Tea

Congratulations to the Year 7 and 8 High Achievers. A virtual morning tea was held on Wednesday, September 15 to recognise the continued academic growth of our top performing students. Well done! Year 8: Jemimah B, Daniel P, Myles K, Luke T, Alyssa C, Finlay K, Anastasiia K, Sienna B, Abigail W, Abigail B, Ruby F. Year 7: Jude R, Jimi E, Oliver A, Ella K, Camelia C-B, Gemma C, Indigo A, Siobhan C, Kiatsukasem I, Sophie M, Savanna S, Oliver A. Congratulations also to our Year 9 & 10 High achievers who enjoyed a virtual morning tea last week.



2021 Premier's Reading Challenge achieved

Congratulations to Andy Y who has demonstrated his love of reading by completing the 2021 Premier's Reading Challenge which requires students to read 20 books over several months. The Challenge aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely. Furthermore, Andy has displayed the formation of good habits that will support his learning across all subjects. Andy is a role model for us all.

Year 7 Archies Competition

Each year all year 7 Visual Arts students are set the task of creating a portrait of one of their teachers, in any style or medium. We hope they get creative over the school holidays and look forward to seeing their efforts (not due until week 4)



Anyone aged 12 to 15 now eligible for a COVID-19 vaccination

People aged 12 to 15 are now eligible for a COVID-19 vaccination. Parents and carers can book in their children for Pfizer now, or Moderna from late September. Vaccination appointments are available at more than 3,000 locations across NSW, including GPs and pharmacies. More appointments will become available as supply increases, so keep checking for new appointments in coming weeks.

Parents and carer enquiries: NSW Government's COVID-19 vaccination bookings for 12-15- year-olds page.

Poetry in PDHPE – Who would have thought!

Marlena O in Yr 9 poem on Sports Drug Scandal composed in her PDHPE class – enjoy!

Ben Johnson

It's 1998. 9.93 seconds.

Take your marks.

Got. To. Get. Under. 9.93.

Set.

Steroid interferes and remarks.

Crack!

Too late now.

That magic record time. 9.79.

Inconceivable. Breathtaking. To some, implausible.

Drug tests master their trickery, applauding an 100m sprinter made laughable,

Canadians left baffled at the number ticking back in their gold medal tally,

Proof cruising sky high with a deceiving wingspan may not have a promising finale,

That Seoul Olympics where intolerance crossed the controversial finish line.

Regardless of legacy, once a cheat, always a cheat,

Even before the record heat, his prestige was due for defeat,

Pressure and trends, lay down your bet,

Was anyone a winner within the doping-frenzied net?

Is it worth beating the bush of the IOC,

To risk the setbacks of guilt-ridden glory?

Only Ben Johnson can tell the story.

Join us in the St Ives High School Virtual Fun Run event from 25-31 October

“SIHS Run Club is hosting the St Ives High School Virtual Fun Run event from 25-31 October. The invite to this event is open to all students, staff and members of the St Ives High community. We encourage you to register to train to walk or run a goal distance of 5km/10km/21.2km.”

Have you moved and not advised the school?

Over recent weeks students have been sent work by their teachers. Many items have been returned. Could you please advise the school at stives_h.school@det.nsw.edu.au if you have changed address so that your child is not missing out on books etc that are being sent home to support their learning.



Best Wishes

Nathalie Bodley
Deputy Principal



Want #BetterBusesForStIves?

This is your last chance to add your voice – submit your photo by COB Monday!

While the drama of public transport seems a distant one given our current isolation, maintaining momentum is so important.

Pressure on existing bus services will continue to **increase as St Ives High**

student numbers for 2022 look set to grow again. In addition, the **proposed St Ives High Indoor Community Sports Centre** will add to demand. While the DA describes the site as “accessible” by public transport to Greater Sydney, it ignores bus services between Hornsby and St Ives. Current services do not cater for the centre’s proposed opening hours.

We need your help to put this issue firmly in the social media spotlight and give your local MP the opportunity to help make **#BetterBusesForStIves** a reality.



How To Participate

Please use our online form below to submit a photo of yourself from the waist up, holding a sign saying:

- why you want better bus services with hashtag **#BetterBusesForStIves** OR
- print the A4 sign below we have created for you (click image to launch printable file) OR,
- submit a video (we love videos) telling us what better buses to St Ives would mean to you!

[Click to SUBMIT your photo or video here!](#)

Please note:

- Students under 18 – will be asked for contact information so we can check publication permissions with parents/guardians.
- Primary school students – please NO solo pictures of primary school students, please include in a photo WITH parent/carers.

If you want **#BetterBusesForStIves**, now is the time to add your voice to our Social Media Campaign. One bus takes up to 40 cars off the road, better public transport is good for the environment too!

[CLICK FOR MORE INFORMATION ON OUR WEBSITE](#)

Email: surveys@stivespandc.com

WELCOME TO REFOCUS

A PLACE TO REST, REFLECT AND UNWIND

HOW TO GUIDE

What is Refocus?

Refocus is a wellbeing website made exclusively for St. Ives High School. The website is a place where you can find information, activities, surveys and resources for a range of topics that are relevant to young people. Sometimes it can be hard trying to navigate the internet to find what you are looking for, this website groups together different topics and provides the resources in one easy to find location.

Why would I visit the website?

Refocus is a great place to learn more about different issues that are relevant to you. The website will be updated regularly and feedback or suggestions are encouraged by the school community. You might use the website when you want to check out study skills ahead of a big exam or perhaps you want to know more about vaping or ideas for mindfulness. Refocus has been designed to not only be used during home learning but also during school at appropriate times such as when you might use a time out card, need inspiration whilst studying or to practice mindfulness.

You are encouraged to show your caregivers the website and chat about the content together.

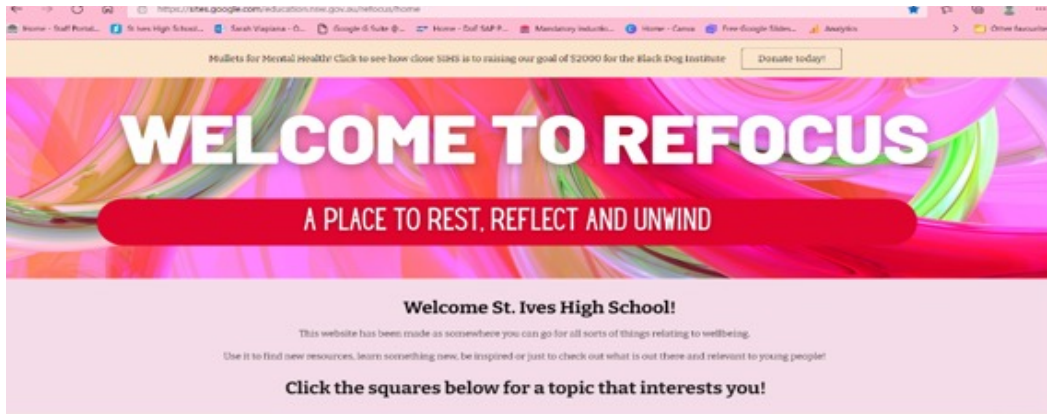
Currently Refocus covers a range of topics including;

- Study skills
- RUOK resources
- Mental health
- Mindfulness
- Cyber safety
- LGBTIQA+
- Ideas when you are bored
- Friendship issues and conflict
- Resources when you feel angry
- Bullying
- Smoking and vaping
- Healthy living
- ADHD and Autism resources
- Motivation
- Aboriginal and Torres Strait Islander resources
- Community holiday program links

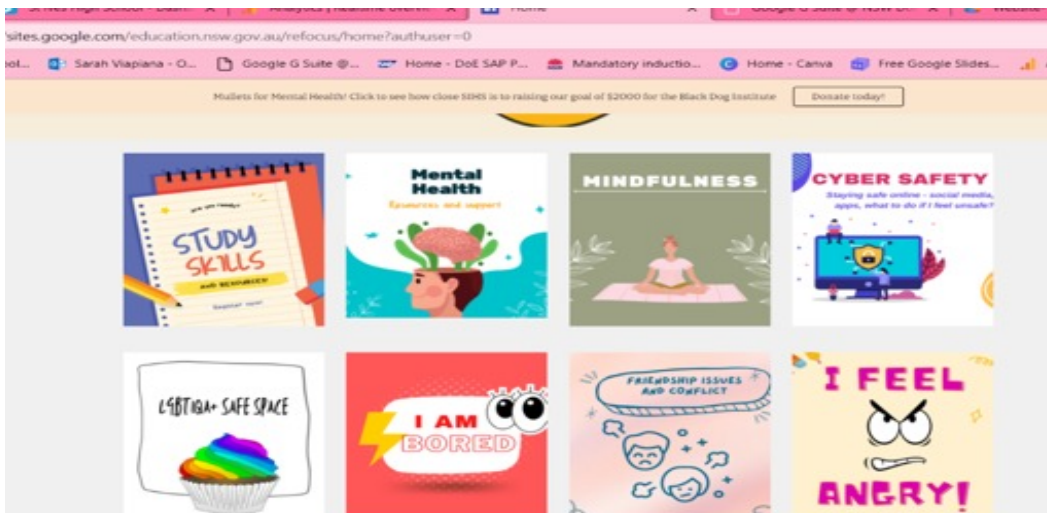
Here is a screenshot of the website – when you click the link below, you will see the title and then different squares with topic names. Pick one that interests you and enjoy learning new skills, doing a quiz or playing a game.

Here is an example!

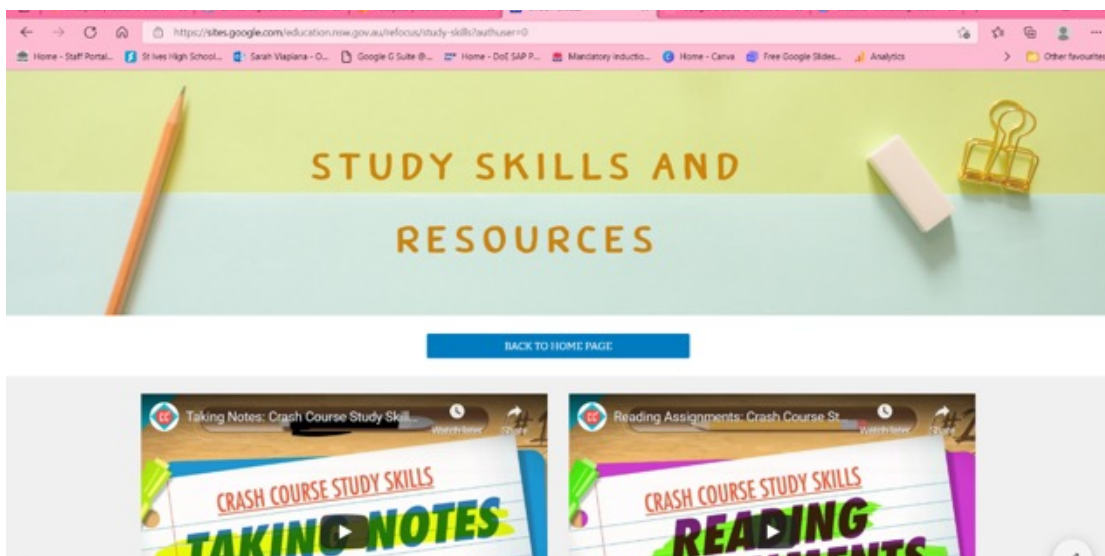
1. Head to <https://sites.google.com/education.nsw.gov.au/refocus/home> - It will look like this!



2. Pick a topic that interests you – I want to look at study skills. All I have to do is click on the box that has “study skills” and it will take you to that page!



3. Enjoy reading through the topic you picked and click “Back to home page”



Sarah Viapana
Student Support Officer

LOVE IT IN LOCKDOWN!

Student Profiles: Armita B-K & Rhys H

Reflecting over the last ten weeks of Term 3, I know that many of us are hoping that lockdown never happens again. Certain features of lockdown are crucially debilitating for most of us – the frustrations of struggling with technology, the confusion of the changing restrictions, and most importantly, the absence of human interaction. All these and more are magnified for the new students at our school. This term we welcome new students who are recent arrivals to our country, coming to us from the IEC (Intensive English Centre) where they spend around three months concentrating on their English skills. For these students moving over to St Ives High school has been a traumatic and isolating time, as they try to navigate the strange new English-speaking virtual world.

Two students recently came to my attention for their quiet and unassuming work behind the scenes, as they helped others to adjust to their new and alienating online learning. These two display a level of maturity and altruism that is rare but it nevertheless typifies the Australian spirit in difficult times.

Armita B-K is an enterprising Year 7 student who stands out from the crowd for her extraordinary ability to recognise the needs of others and to reach out to them in practical and effective ways. During Term 3, Armita saw how hard it was for a new student learning English and navigating her way in a new school in lockdown. She reached out to her via a social media platform, chatted with her, provided information, and checked in on her throughout the term. As a support teacher of this class, I was astounded at the confidence and organisation of the new student, and I could see that she had really benefitted from Armita's help.



In Year 8 a similarly enterprising student has made his presence felt at the school. Rhys H is a Year 8 student who demonstrates admirable sensitivity and awareness of his EALD classmates, offering assistance whenever appropriate while recognising the gifts and talents of these students in the process. Throughout lockdown Rhys has remained happy and switched on in his classes, keeping on top of timetable changes and assisting students and teachers with confusing online glitches, all while completing his own high standard of work.

As a teacher at St Ives High, I am constantly inspired by the students in my classes, and I am in awe at their persistent hope for a better future.

Maria Pender
EALD & Drama Teacher

COMMUNITY HUB UPDATE

Work on the Community Hub continues to progress with glazing almost complete and scaffolding down. The builders remain on track to complete on schedule.



LIBRARY NEWS

CBCA Book Week Competitions

Congratulations to all the students who entered our competitions to celebrate CBCA Book Week 2021. Your creativity and talent are inspiring. Keep an eye out in the mail if you participated. Congratulations to the following students who won each category and will receive a Dymocks voucher:

Best Bookface
Luca Margetis Yr 7



Best Book Nook
Kikki Margetis Yr 9



Best Book Mark
Amelia Bain Yr 10



Best Read with
Something Furry
Maisie Wood



Author Talks

This term a number of our students have had the opportunity to participate in a variety of author talks through “Literary Lockdown” hosted by Young Adult Author, Will Kostakis. Authors have included A.J. Betts, Wai Chim, Alison Evans, Clair Zorn, A.S King, and the very popular Becky Albertalli. We look forward to bringing more “Literary Lockdown” zooms to students in Term 4 whilst home-learning continues.

Australian Reading Hour

On Tuesday 14th September we celebrated Australian Reading Hour, with all students and staff encouraged to read for an hour. Australia Reads is a not-for-profit reading initiative on a mission to get more people reading more books, more often. We believe reading is the key to a smarter, healthier, happier nation. Research shows that reading books can be a great way to improve your cognitive abilities, relax your body and lower your heart rate, and enhance how happy you are with life. SO STOP SCROLLING, AND START READING.

Ultimately, we want people to put down their phones, turn off the TV, pick up a book and read, for 10 minutes a day. Reading for 10 minutes a day at the average reading rate of 300 words per minute means you could be reading 3,000 words a day, leading to 90,000 words (the average length of an adult book) each month.

St Ives Reads Extreme Reading Challenge

To celebrate Australia Reads and Australian Reading Hour we want to see photos of your extreme reading spots. Snap a photo of you reading in an extreme place or with an extreme reading buddy and upload to the library google classroom (2zgzte4) or DM @stiveshs_library on instagram. Remember to follow COVID guidelines, stay within your LGA and not break any laws. Prizes for the best reading photos for juniors, seniors and staff. Entries close 4/10.

Sam Rojas, Librarian
Term 3 Week 10

ST IVES READS
EXTREME READING CHALLENGE

Where will you read?
To celebrate Australia Reads and Australian Reading Hour on Tuesday 14th September...we want to see photos of your extreme reading spots.

Snap a photo of you reading in an extreme place or with an extreme reading buddy and upload to the library google classroom or DM @stiveshs_library on Instagram.

Remember to follow COVID guidelines, stay within your LGA and not break any laws.

Prizes for the best reading photos for juniors, seniors and staff

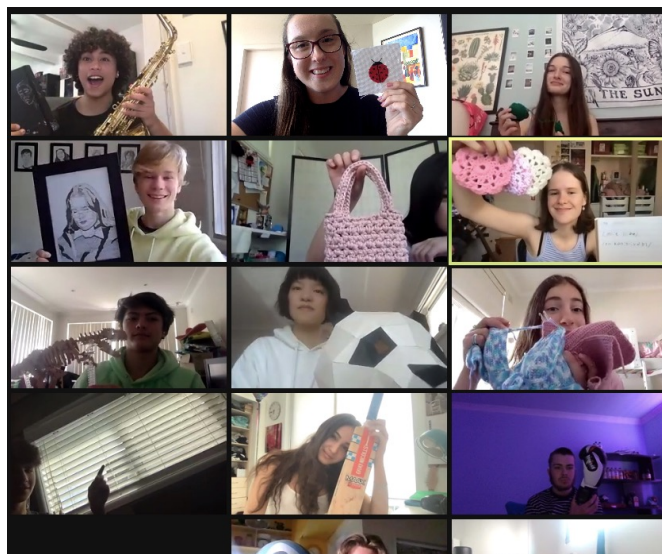
ENRRIES CLOS 4TH OCTOBER

YEAR 10 BOREDOM BUSTERS

Over the past few weeks, Miss Bergersen's Year 10 Music class accepted the challenge of learning a new skill to keep them entertained while in lockdown. At the end of week 9, students demonstrated what they have been up to in a zoom "show and tell". Impressively, Crochet was a big winner with many students using lockdown to develop this skill and have made some useful items such as coasters, bags, and clothes! Sports were also a feature including boxing, cricket, bush walking and rugby games with siblings. Other students have been crafty with their hands and staying entertained with drawing, origami, model-making, and music practice (much to the delight of their music teacher).

Overall, it was encouraging to see what fabulous things everyone has been up to and so Year 10 Music would like to give you the same challenge! What has been keeping you entertained?!

Kristen Bergersen
Music Teacher



P&C President and Treasurer positions will become available in November

The President and Treasurer will be stepping down from their positions at the P&C Annual General Meeting on 4th November. They have supported the P&C and our school community in these positions for the past 3 years.

At the Annual General Meeting all positions became vacant, however the President and Treasurer cannot be elected again as they have held their positions for 3 consecutive years (this is a by-law requirement).

The President and Treasurer positions help guide the successful functioning of the P&C and support the activities of the school.

If you are interested and want to know more about these positions and other P&C activities, please attend our next on-line general meeting on 9th September (meeting details will be provided in the school newsletter). You can also contact the current President Libby Cameron at president@stivespandc.com or Treasurer Jan Ewert at treasurer@stivespandc.com

Thank you.

GOOD GAME!

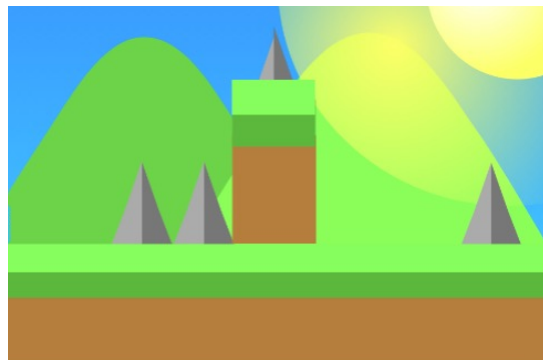
Taking advantage of remote learning during Lockdown, we may just have found a good excuse for excessive screen time. Electronic Game Design is learning disguised as fun! We all love a good video game and nobody enjoys a Good Game more than our year 7 and 8 Technology STEM students. Students in Stage 4 have just completed an intense term of programming electronic games with Mr Woodhead. The unit allows students to engage with coding at their own personal level of expertise and enthusiasm, whereby students choose their own E-gamer builder platform and use either block based or text-based code. Students have used, (in no particular order) Construct 3, Roblox, Unity, Scratch and direct Python Code programs. Student teams collaborate and support one another on line, providing structured feedback in peer reviews. The experience students have acquired will better prepare them to succeed at coding in later years. Assessment for the unit takes place in the 'E Game Playoffs'. Students play one another's games and rate them on their Aesthetics and Playability in the final weeks of term.

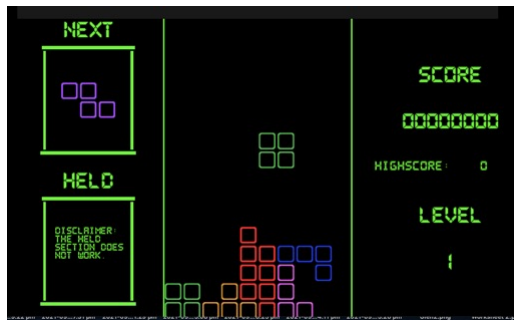
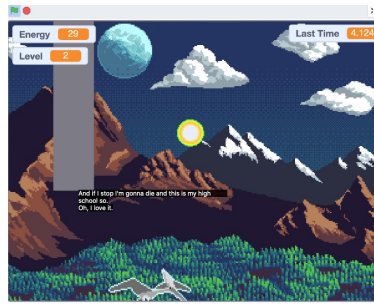
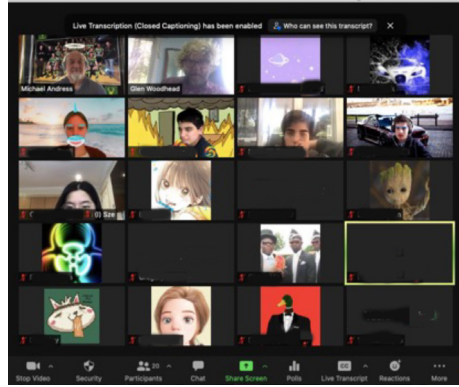
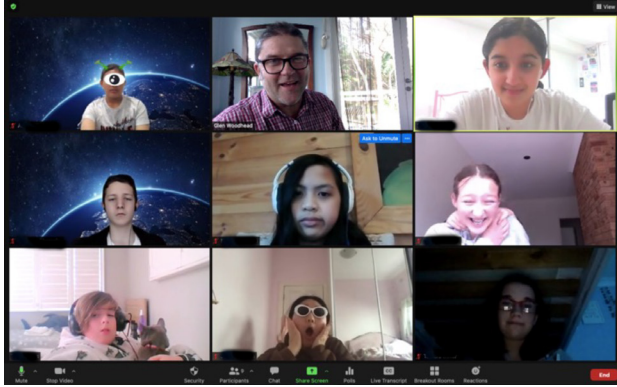
Glen Woodhead
TAS Teacher

Top Place Game Links Below Year 8 STEM

- Kai B - FFA Fighter <https://www.roblox.com/games/4121794817/FFA-fighter-BETA>
 - Sebastian B <https://612cc75cedce77242c3cb5e6--stupefied-perlman-09f6d0.netlify.app/>
 - Theo C - Multi Player <https://www.roblox.com/games/7159384245/Capture-The-Flag-War>
 - Jacob F - Zombie Rush <https://scratch.mit.edu/projects/556102837>
 - Aiden L - download- <https://dariceman.itch.io/2droguelike?secret=SUstBGtAQWhXQd4xzR8Jyx4tyHs>
 - Lotte S - Speed Trial <https://www.roblox.com/games/7459036141/SPEED-TRIAL>
 - Louis V L - Tetris-Remake <https://quexeky.itch.io/tetris-remake>
 - Elliot W - King of the Jungle <https://eliotedu.itch.io/king-of-the-jungle>
 - Joshua M - Soulless Light - <https://www.roblox.com/games/7221840306/Soulless-Light-BETA>
 - Dominic C - Forest Adventure <https://scratch.mit.edu/projects/553648296/>
 - Aditya D - Citrus Invasion - <https://scratch.mit.edu/projects/565990900>
 - Declan H - Weeping Angles - <https://decduck3.itch.io/weeping-angles>
 - Luke T - Flight of the Pterror <https://scratch.mit.edu/projects/557991936>
 - Carman M - Space Shooter <https://scratch.mit.edu/projects/555255210>
 - Jack Z – Platformer - <https://scratch.mit.edu/projects/567469045>
- ## Year 7
- Cameila C - Dodge Ball game - <https://scratch.mit.edu/projects/558249697/>
 - Ashwin G - Gun game - <https://scratch.mit.edu/projects/558251307/>
 - Aveids F 3D Maze <https://scratch.mit.edu/projects/557731511>
 - Garrick W - Cookie Clicker - <https://scratch.mit.edu/projects/554998568>
 - Lachlan F - Return Of Dodge Ninjas - <https://scratch.mit.edu/projects/565179933>
 - Emilia S - Chicken Noodles - <https://scratch.mit.edu/projects/565176420>

Class 3	Game Link	E - Game Name	Aesthetics	Playability	Aesthetics	Playability	Aesthetics	Playability	Aesthetics	Playability	Aesthetics	Playability
Student No.	Share your game Link	Name your Game	Look & Sound	Movement & Activity	Look & Sound	Movement & Activity	Look & Sound	Movement & Activity	Look & Sound	Movement & Activity	Look & Sound	Movement & Activity
1		Not Submitted										
2	https://www.roblox.com/games/4121794817/FFA-fighter-BETA	Ping pong	3	2	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5
3	https://www.roblox.com/games/7159384245/Capture-The-Flag-War	Big Chungus Returns	3	4	3	3	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5
4	https://scratch.mit.edu/projects/553648296/	The Christmas Island Crabs	4	3	4	3	mark=1 to 5	mark=1 to 5	4	3	mark=1 to 5	mark=1 to 5
5	https://scratch.mit.edu/projects/557991936	Flappy Bird v2	5	4	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5
6	https://scratch.mit.edu/projects/553648296/	Forest Adventure	5	5	5	4	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5
7	https://scratch.mit.edu/projects/557991936	Catch Fish	3	3	2	5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5
8	https://scratch.mit.edu/projects/557991936	Citrus Invasion	2	3	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5
9	https://scratch.mit.edu/projects/557991936	Wingin Angles	4	5	3	4	2 (very too loud)	4	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5
10	https://scratch.mit.edu/projects/557991936	Dodge'Em! 「インセルゲーム」	5	4	4	3	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5
11	https://scratch.mit.edu/projects/557991936	A normal pong game	5	5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5
12	https://scratch.mit.edu/projects/557991936		4	3	3	2	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5	mark=1 to 5





VACCINATION BOOKING INFORMATION - LINDFIELD

The Village Pharmacy in Lindfield has been advised we will be receiving the Moderna Vaccine shortly and will be taking bookings from Tuesday the 28th of September, for anyone over 12 years of age up to 59 years of age.

Our opening hours for vaccinating are 10-5pm Monday to Friday.

Booking Information:

The Village Pharmacy, Lindfield

19-21 Lindfield Ave, Lindfield (opposite the train station on Lindfield Ave)

Ph: 9416 7550

Email: dispensary@tvpl.com.au