

Deputy Principal Matters by Nathalie Bodley



Year 8 Optus Digital Footprint Workshops

Optus Digital Thumbprint presented to all year 8 student timely and relevant information on how to navigate their online presence on Monday and Tuesday. The students were given tips on being safe with personal information online through creating strong passwords, making sure account settings were set to private and made to consider how they post information in a respectful and thoughtful manner. Students were also given effective ways to organise their learning and develop productive study skills. Lastly, cyber bullying and its impact was explored with the emphasis on respectful relationships fostered through empathy. This is always a reminder that if you see cyberbullying report it to the e-commissioner <https://www.esafety.gov.au/complaints-and-reporting>

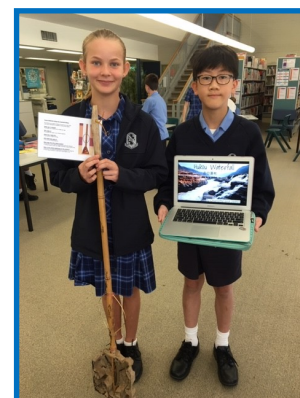
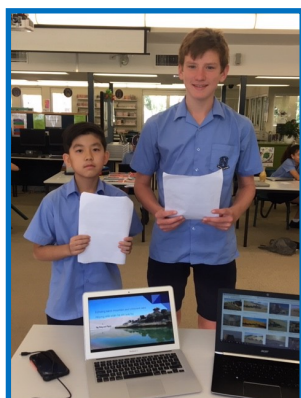


Hornsby Ku-ring-gai Mental Health Forum

11 students from years 10 and 11 represented SIHS at the Hornsby Ku-ring-gai Mental Health Forum at Macquarie University on Tuesday. The Forum was developed to promote wellbeing and empower youth to change negative perceptions about mental health. Some topic discussed and workshopped were: Knowing where to seek help and how; Social Media, Body Image and Teenage Health and destigmatising mental health. Comments from our students: *'...The forum expanded my knowledge about mental health. The best part was how we got to meet and talk to students from other schools, that was a great way to breakdown social anxiety...'* *'...this was a really beneficial event, very solutions focused. I got to hear other's perspectives in a friendly, open environment'* *'...all the schools were mixed-up and we were out of my comfort zone doing speed dating – one of the discussion openers was - When you hear the term mental health what do you think about? This was really great!'* Our students came up with some great ideas that they want to actively promote at SIHS. We are all looking forward to seeing what they come up with.

Year 7 LOTE/History Presentations

I was enlightened by the enthusiastic Year 7 LOTE/History presentations earlier this week. Both teachers and parents acted as authentic audiences to view, hear and ask questions about the student presentations. They were tasked with developing a group presentation in their History and LOTE classes to analyse and research the historic and cultural significance of their chosen site. As part of the project, students embedded the language they studied throughout the term (Japanese, Chinese, Spanish and Italian) to describe the site. Students also created fantastic artefacts such as weapons, religious items, paintings, statues and jewellery to name a few. Great to see the effort put in by so many groups. Well done!



Students off to Spain on Thursday

We wish the St Ives High school group of 11 students and 3 teachers who depart for Spain on this last day of term a safe, happy and educational trip. We look forward to hearing more of their adventures in the southern cities of Cordoba, Malaga and Granada upon their return. Anyone who is interested in following their adventures are welcome to follow the groups posts through the school Facebook and Twitter accounts.

Senior Debating

On Thursday 11th April our Year 11 and 12 debating teams competed against one another in Round 1 of the Premier's Debating Challenge. The topic of the debate was '*That Private Schools should be required to give a fixed number of scholarships each year to students from disadvantaged backgrounds*'.



After a fiery debate between our two senior teams, our Year 12 team who argued in the negative were successful. Our Year 12 team comprised of Katie F, Lily C, Daniel P, and Kurt T (Year 11) are hungry for another year of debating success and are hoping to finish off their final year of schooling with victory in the Premier's Debating Challenge. They will compete against Turramurra High School and Hornsby Girls in Round 2 and 3 before hopefully venturing through to the final stages of the state-wide competition.

Best of luck to both teams in their upcoming debates against Turramurra High School on Wednesday 1st May. Congratulations to the team and Mr Moller.

Lindfield Fun Run

We had 8 students, 4 teachers and 4 parents participate at the annual Lindfield Rotary Fun Run. Despite the tough course, there were many personal bests, including 2 podium finishes and 2 additional age category winners in the 5km. It is wonderful to see our students taking part in these challenging events and encouraging their families to participate as well.



Athletics Carnival

Students competed and supported each other at the annual Athletics Carnival at Bannockburn oval on Wednesday. From javelin and long jump to the 100m sprint students put in their best effort with some very impressive performances. Results are still being collated and will be published in the next newsletter. Thanks to everyone who made the day a success and please enjoy the photos published later in the newsletter.

Term 2 reminders – School resumes Tuesday April 30

The term will begin with an ANZAC day assembly on Tuesday April 30. We also will be starting on a week A timetable. Students are expected to wear the winter uniform in both terms 2 and 3.

Best Wishes

Nathalie Bodley
Deputy Principal

TROPHIES AND SMILES ALL ROUND AT THE LINDFIELD ROTARY FUN RUN

Kudos to our students (Erik F, Kirsty F, Ryan F, Georgina F, Jack L, Logan S, Rohan D, Aiden D) , and teachers (Mr Z, Mr L, Mrs F, Ms B) and parents who competed at the Lindfield Rotary Fun Run on Sunday. We had runners competing in the 2km, 5km and 10km events.

St Ives High had two podium finishes and two age group winners in the 5km:

Congratulations to Kirsty F, second woman and Erik F third male
Ryan F (4th male and 12-15 year age group winner)
Mrs F (4th female and undisclosed age group winner)

Upcoming events:

16th June	Mini-Mos Fun Run
21 July	Roseville Rotary Fun Run
4 August	San Fun Run
11 August	City to Surf
25 August	Pub to Pub



Don't forget Run Club meets each Tuesday at school at 7am



Bootcamp



Reminder that Bootcamp is held on Friday mornings at 7.00 am and is open to students, staff and parents.

Please wear appropriate footwear and bring a bottle of water.
Brekkie Club serves breakfast at 8.00 am.

2019 ATHLETICS CARNIVAL





CAREERS UPDATES



Applying for university

The first step in applying for university will be to receive your UAC PIN and UAC guide, both which will be received by 3 April. The PIN will be sent to student's school email address. The UAC guide can be collected from the careers office at end of March. When applying for university students have 5 preferences which can be from the same university or across different universities. Students will need to have some idea of their obtainable ATAR so as to apply for courses within a range of their estimated ATAR else they may not receive an offer. Applications open on 3 April.

Course Compass

To assist students to decide on a course to study at university, UAC have released a program called Course Compass. Give it a go here at: <https://www.uac.edu.au/course-compass/>

Macquarie in a Day - Macquarie University, 17 & 18th April

We're opening our doors to Year 11 and Year 12 students for the chance to taste what a day in the life of a Macquarie student is really like. 8.30 - 3pm at Macquarie University campus. Register now, spaces filling up fast! Find out more at: Mq.edu.au/mqinaday

Macquarie University, Year 12 information Evening, Wednesday 1st May

We'll take you through our early entry program, courses, scholarships, pathway options and give you the opportunity to speak one-on-one with course advisers. Parents are encouraged to attend. 5:30-8:00pm, Macquarie University Campus. Register for expression of interest at mq.edu.au/study/high-school-students/events

Macquarie University Year 10 Subject Selection Evening

Year 10 subject selection evening, Macquarie University, Tuesday 7th May Find out about how subjects for the HSC can impact university studies. We will address adjustment factors, assumed knowledge, university admission and scholarship processes. 5.30 - 8pm, Macquarie University campus. Register for expression of interest at mq.edu.au/study/high-school-students/events

University Clinical Aptitude Test (UCAT)

Students wishing to study medical, dental or medical science may need to sit the UCAT. Registrations are open now at <https://www.ucat.edu.au/> and close 17 May 2019.

NS5 Careers Expo 2019 for year 10-12 students at Chatswood HS

The date for the 2019 careers expo will be Wednesday 3rd July at Chatswood HS from 5.30-7.30pm. All major universities, TAFE and private colleges will have a table of representatives where you can ask questions and receive recent course and scholarship information.

For more information on any of these or other careers matters visit the Careers Adviser or email Mr Holmes at neil.holmes@det.nsw.edu.au or call the school on 9144 1689 ext 116.

Visit my free careers website at <http://www.careeradvicensw.com> to view career videos, take career tests, view subject selection resources, links to all universities on bonus points, scholarships, elite athletes schemes, alternate entry to university, the job market, SRS and more.

TALENT DEVELOPMENT PROJECT

The Department of Education has been a major sponsor of the Talent Development Project (TDP) for over 20 years. Their support has enabled the TDP to become the most successful youth training and development program for Australia's finest young musicians.

The TDP is open to singers, songwriters, musical theatre performers, instrumentalists and bands of all genres, who want to pursue a career in the music and entertainment industry. Each year, hundreds of students hope to gain a place in this prestigious program and if successful, will take part in a year or more of monthly master classes and workshops where they are mentored by some of the biggest names in the entertainment industry.

Leading consultants include Francine Bell, Sharon Millerchip, Veronica Beattie George, Greg Agar, Marion Rouvas, Mark Williams, Rai Thistlethwayte, Cameron Bruce, Kyle Bielfield, Bev Kennedy and Peter Casey.

For 28 years, the TDP has discovered and nurtured the talents of many successful national and international performers including Human Nature, Morgan Evans, Angus & Julia Stone, David Le'aupepe (Gang of Youths), David Harris, John Foreman OAM and Felicity Urquhart.

Audition applications are NOW OPEN for students to be a part of the TDP in 2019/2020!

To be eligible, students must be in Years 10-12 and attend a NSW Public High School. They will need to fill out an online application form and complete an Endorsement Form that **MUST** be signed by their contact teacher and principle. Once these have been received, students will be informed of their live audition date via an email that will also be sent to their nominated teacher and parent/guardian.

Live auditions will be held in Sydney on Tuesday 23rd, Wednesday 24th, Friday 26th & Saturday 27th April at 242 Young Street, Waterloo (inside the International Screen Academy building). A piano accompanist will be available, otherwise performers are welcome to accompany themselves.

Video Audition options are also available.

ALL Applications will close on Friday 19th April 2019.

Below is the link to the Online Application and Endorsement Form.

<http://www.talentdevelopmentproject.org.au/apply-now/>





P&C Online Uniform Shop Now Open!

As of today, uniforms can be purchased online through our new dedicated P&C Online Shop.

The old Flexischools System will be phased out over the next 6 weeks.

Switching from the more expensive third-party provider Flexischools to our own portal means we can keep Uniform prices lower.

Visit our website at <https://www.stivespandc.com/shop/> to put in your new uniform orders.

For any enquiries please contact uniform shop at uniforms@stivespandc.com



What do you need to do?

Start ordering online at [P&C Uniform Shop](#). We have setup the shop using the latest security measures in online shopping.

What about your Flexischools account?

You can **continue using the Flexi account until Term 3- Week 4** or until when you have finished your credit inside your Flexischools account. Alternatively, you can request in writing (email) to Flexischools to cancel your account and transfer any remaining funds back to your bank account. **If you have children in other schools that use flexischools**, you don't need to do anything except to remove your St Ives High student from your account.

What about refunds?

We process refunds from our online store as well. In fact, it is easier to do refunds and exchanges through our own online store.

Give it a go and let us know about your experience.

Thank you for your support.

SIHS P&C Uniform Shop



The 2019/20 Entertainment Book

The Entertainment Book turns 25 this year
The Sydney & Surrounds edition will be **combined with**
the Sydney Greater West edition,
all for the same price (\$70).

How to order:

At school office: complete form, payment by credit card or cash
or

Online – send email to communications@stivespandc.com with *Entertainment Book* in the subject line to receive link

If you don't use the Entertainment Book for your shopping, dining, travelling, accommodation and entertainment, you could be losing a huge amount in savings:

How much can you save with the Entertainment Book?

The average family saves about \$1500 according to Heidi Halson, Executive Director Entertainment Publications (see *Money Magazine Australia*, April 2018). As well as all the listed cafes, restaurants, shops, stores, cinemas, entertainment centres, travel and accommodation etc, **you can save 5% throughout the year on all your Woolworths Group shopping** by purchasing Woolworths e WISH GIFT Cards online through the Entertainment Book:

	Your weekly spend	You save each week	YEARLY savings
	\$200	\$10	\$520
	\$300	\$15	\$780
	\$400	\$20	\$1040

You can order online, or pay cash/credit card at the School Office
Digital membership emailed to you, books available from the School Office

**20% of the membership/Book price goes to
St Ives High School via the P&C**

For more information contact communications@stivespandc.com
with **Entertainment Book** in the subject line

Mrs Pender's Drama Project

As part of my Masters' degree, I am planning an exciting community theatre venture for the North Shore. Two groups of students will work separately on the same project, receiving free drama tuition once a week, with workshops designed to prepare each group for a final performance next year of Orpheus and Euridice.

There will be one group in the late primary age-group and the other, in late secondary, with each group working at separate venues on different days. At the final performance, there will be an open forum for the two groups and the audience to partake in a question/answer style session so that each group can enquire about the process and theatre experience for the other, giving each an opportunity to justify the choices made.

The idea behind this project is to explore the power of drama and traditional story to express contemporary concerns. It is also an opportunity for young people to use drama as a medium for expression, as well as an opportunity to gain some invaluable drama and life skills. Some of the skills developed during workshops include

- Self-confidence
- Spontaneous expression of ideas
- Public speaking
- Team-work
- Problem-solving
- Empathy

We will explore different theatrical styles and theories during workshops so that students can play with ideas to represent theatrical concepts in new and exciting ways, creating relevant contemporary theatre.

I would like to invite students in Years 5 & 6 who are interested in developing their drama skills and who would like to be part of this project to register their interest by calling me.

My mobile number is 0434 002 565. Please feel free to ring and discuss the project further if you are at all unsure of anything.

Maria Pender



**Rebel Sport is supporting our school by providing
5% of all our purchases back to us!**



All you have to do is:

1. Become a member of Rebel Sport (just ask at any store, it only takes 2 minutes to register)
2. You will then receive a LOYALTY CARD
3. Show your LOYALTY CARD (or just tell them you're a member) when you purchase anything at Rebel Sport and ask that **your points are allocated to ST IVES HIGH SCHOOL**

Every 4 months our Sport Department is notified of how much money they can spend in-store.

This is an easy way for our school to have more sporting equipment at no extra cost to any of us!



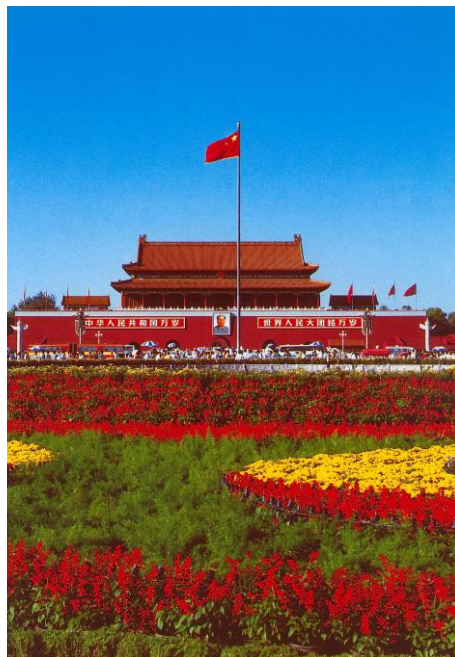
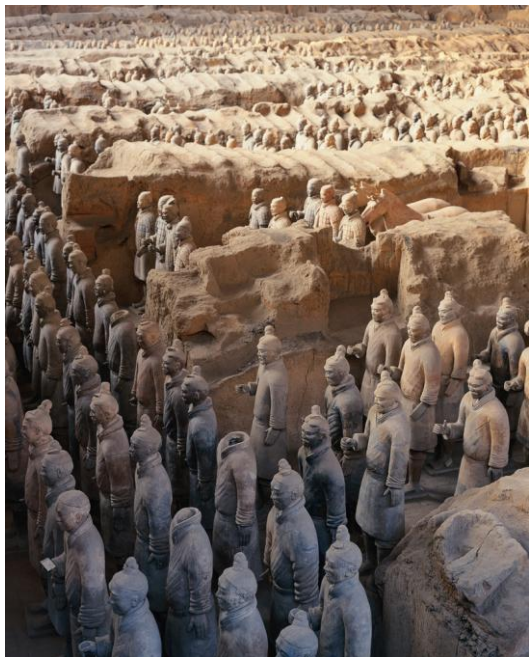
St Ives High School



STIVES
HIGH SCHOOL
respect | perseverance | growth

China Educational Tour

Departing on 04th July 2020



Itinerary

Day 1: 04 Jul (Sat) Sydney ✈ Beijing

Today you will fly with China Eastern Airlines flight **MU792 10:30/23:40** to Beijing via Nanjing, met and transferred to Beijing Penta Hotel 4* for 2 nights.

Day 2: 05 Jul (Sun) Beijing

Today you will visit Mutianyu Section of the Great Wall (cable car up and Tobogganing down), return to Beijing in the afternoon and have Beijing Duck dinner tonight.

Meal: B/L/D

Day 3: 06 Jul (Mon) Beijing 🏯 Tianjin Sister school

Morning tour to Tiananmen Square and Forbidden City, This massive complex was the centre of the Ming and Qing dynasties. With almost 10,000 rooms, this remarkable, well-preserved imperial palace is the largest palace in the world, afternoon tour to take trishaw ride to visit the Hutongs, which is an ancient city alley, to experience the life of the local people, and have lesson of playing Chinese Shuttlecock, then drive about 3-4 hours to Tianjin Sister School for 3 nights

Meal: B/L/D



Day 4: 07 Jul (Tue) Tianjin sister school

Day 5: 08 Jul (Wed) Tianjin sister school

Day 6: 09 Jul (Thu) Tianjin 🚄 Xian (6 hours)

Today your sister school will take you Tianjin train station for the high speed train **G1704 0902/1519** to Xian, met and visit famous food street, stay 2 nights at Xian Grand Noble Hotel 4* for 2 nights.

Meal: L/D

Day 7: 10 Jul (Fri) Xian

Meal: B/L/D



Today you visit the "Terracotta Warriors". They are found at an archaeological site which so far has yielded some 8000 ancient terracotta soldiers and horses, each a unique, finely detailed sculpture. An afternoon tour to Muslim Food Street and visit Ancient City Wall, where you can ride bikes. Dinner is served as a delicious dumpling banquet and followed by a spectacular Tang Dynasty Show, where you will have a cooking class of making dumplings.

Day 8: 11 Jul (Sat) Xian 🚄 Luoyang 🏯 Shaolin Temple 🏯 Luoyang

Meal: B/L/D

Today you will take the high speed train to Luoyang to visit Longmen Grotto. which contains the largest and most impressive collection of Early Chinese Buddhist cave art represented by well-preserved pagodas, carvings and statues, then drive to Shaolin Temple in the afternoon Stay at Chan Wu Hotel 4* for 2 nights.

Day 9: 12 Jul (Sun) Shaolin Temple Meal: B/L/D

Visit the Shaolin Monastery. Built in 495AD, it is the cradle of Kung Fu (wushu) and the Chinese Zen Buddhism. There are many attractions here including the Hall of Heavenly Kings (Tianwangdian), the Pagoda Forest, the Dharma Cave and the Shaolin Temple Martial Art Training Centre, in the afternoon you will have Kung Fu Training at a local Martial Art School for 2 hours



Day 10: 13 Jul (Mon) Luoyang ✈ Shanghai

Meal: B/L/D

Today you will take the morning flight **MU5693 1040/1230** to Shanghai, afternoon tour to the new district across from the Bund called Pudong to experience the economic booming of China and the landmark of Shanghai – The Shanghai Tower, where you get a bird's eye view of the city.. Stay at Shanghai Narada Boutique Hotel 4* for 3 nights.

Day 11: 14 Jul (Tue) Shanghai

Meal: B/L/D

Today you will visit a small historical town of Tongli, an example of a typical water town. You wander through the narrow alleys and have hop on a cruise along its zigzag waterways. After lunch drive back to Shanghai, tonight you will enjoy the Shanghai Acrobatic Show at Grand Circuit.

Day 12: 15 Jul (Wed) Shanghai**Meal: B/D**

Today you will visit Shanghai Disneyland for a full day. It is the first Disney park in mainland China. (suggested activities: Roaring Rapids, Soaring over the Horizon, Seven Dwarfs Mine Train, TRON lightcycle power run, Captain Jack Sparrow Treasure Cove, Suggested shows: Eye of the Storm, Tarzan, Frozen), lunch will be on your own inside the park.

**Day 13: 16 Jul (Thu) Shanghai ✈ Sydney**

Today you will visit Yu Yuan Garden, a classical Ming Dynasty garden with pavilions, towers, and terraces. Then the Bund and Nanjing Road, in the afternoon take the flight **MU561 departing at 20:20** back to Sydney.

Day 14: 17 Jul (Fri) Australia

Arrive in Sydney at 0930 in the morning.

Special price: \$4080.00 per student**Inclusions:**

1. Twin share 4* **hotels** as mentioned on the itinerary or similar.
2. Fully inclusive tour with English speaking guide, entrance fees, meals as per itinerary
3. One day pass to Shanghai Disneyland.
4. Travel by air-conditioned coaches whilst in China.
5. China Eastern Airlines international and China domestic flights (Sydney / Beijing, Luoyang-Shanghai-Sydney)
6. Second class high speed train tickets Tianjin-Xian-Luoyang
7. Chinese tea and one glass of soft drink included in all lunches and dinners.
8. China visa fee of \$110.00 per person.
9. All tipping.
10. Travel insurance with Aussietravelcover Basic international(\$150.00 access fee apply when you claim)

Exclusions:

1. Personal expenses.
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