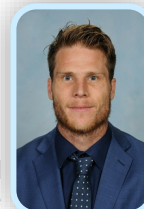


Term 1 Week 2

8 February 2019

## *Deputy Principal Matters by Nathan Lawler*



### **Exciting year ahead**

As is always the way, the school year has started at a rapid rate. In just over a week, we have welcomed over 250 new students, had staff leading a group of Duke of Education participants on a hike in the Blue Mountains, led a Year 11 Mental Health First Aid course for students, run excursions, welcomed the parents of our Hearing and Learning and Support units and had some of our Year 12 students complete their first assessment for the year in English. Next week does not look like slowing up, we have our High Achievers' Assembly and Year 7 Parent Welcome Evening on Monday, our swimming carnival on Tuesday and school photos on Wednesday and Friday. What happens in the classroom although vitally important, is only one part to a schooling experience. Each student is encouraged to get involved, make connections with others and learn something new.

### **High Achievers' Presentation Ceremony**

One of the most prestigious events on the St Ives High calendar is the High Achievers' Presentation ceremony, which celebrates the HSC achievements of the previous year's Year 12 cohort. On Monday we will welcome back more than 25 students from the class of 2018 who were recognised on NESA's Honour Roll for achieving a Band 6 in a course of study in at least one course. As mentioned in last week's newsletter we had 95 mentions on the high achievers list for students who achieve the top band in a course of study and 28 students achieving an ATAR (Australian Tertiary Admission Rank) over 90. We will have our Year 9, 10 and 11 students in the audience as well as the parents of the high achievers. The message to all students is that although not everyone is capable of achieving excellent academic results, everyone is capable of learning and achieving growth.

### **Swimming Carnival**

A reminder to all families that our annual Swimming Carnival will take place next Tuesday at Hornsby Aquatic and Leisure Centre. Further information has been issued to students today. The permission note must be returned to school on Monday, the day before the carnival. We are looking forward to seeing what swimming talent there is among our new Year 7 students.

### **Year 11 – Mental Health First Aid (MHFA)**

Last year, we introduced a very worthwhile program for our Year 11 students. Thanks to Mrs Nunura this has run again in 2019. Each year **1 in 5 Australians** will experience a mental illness. Many people (including students) are not knowledgeable or confident to offer assistance. *Mental Health First Aid* (MHFA) teaches people the skills to help someone who they are concerned about. Students have now completed two of the three sessions. It is hoped that our Year 11 cohort are increasingly looking out for one another and speaking up if they have any concerns about one of their peers.

### **Year 7 Parent Welcome Evening**

Next Monday we will welcome our Year 7 parents for the annual Year 7 Welcome evening. This night is designed for parents and we will give you the opportunity to mingle and hear from each of your child's teachers. This is a unique opportunity in a high school and one not to be missed. The format for the evening is as follows:

- 6:00-6:30 pm – Light refreshments.
- 6:30-7:30 pm – Parents will hear from their child's class teachers.
- 7:30-8:00 pm – Principal's address.

We look forward to seeing you on the night.

### **School Photographs**

A reminder to all students and parents, our annual school photographs will take place on Wednesday 13 and Friday 15 February. Photo envelopes have been distributed to all students. The photo envelopes should be returned to the photographer on the day the photograph is taken. These photographs serve as a wonderful memento of school life.

## School Uniform

At our first assembly of the year it was pleasing to see so many students looking smart in their new uniforms. Please continue to support your child in making sure they are coming to school each day in correct uniform. We look forward to the high standard that has been set continuing throughout the year. Here is the link to our uniform dress code <https://stives-h.schools.nsw.gov.au/about-our-school/what-we-offer/uniform-shop.html>



## Year 12 Growth Coaching

We have around 50 students who are engaged in our 2019 Growth Coaching program. This program represents the focus of our three year plan, which is to encourage independence among students. The program matches students with staff members, who have undertaken additional training in Growth Coaching principles. Each student will meet with their coach twice each term. In their initial session they will be formulating goals for the year ahead. Coaches will regularly check in with students in both formal coaching time-slots and informally. It is hoped that this extra layer of support will give students greater clarity around how they can reach their personal best.

## Year 12 Parent/Teacher Conference

A reminder, Tuesday 19 March will be the first of our Parent/Teacher conferences for 2019. Bookings for the night will be made through the Parent Portal. We will notify Year 12 parents once time-slots can be booked. On Tuesday 2 April, the Year 11 Parent/Teacher conference will take place. In preparation for the evening, students are encouraged to think about what opportunities there are for growth and how in partnership with their teacher goals can be met.

*Best wishes*  
**Nathan Lawler**  
Deputy Principal

# School Photos

## Wednesday 13 February and Friday, 15 February

School photographs are scheduled to be taken by advancedlife Photography. Whilst the envelopes have been distributed to students, if possible it is their preference that ordering be completed online to reduce administration and potential security issues related to the return of cash and envelopes on photo day.

Orders for packages and sibling photographs can be placed securely online at [www.advancedlife.com.au](http://www.advancedlife.com.au) using our school's unique 9 digit Online Order Code. Portrait and group package orders are due by photography day.

### ONLINE ORDER CODE

#### ORDER YOUR PACKAGE ONLINE

Order online at [www.advancedlife.com.au](http://www.advancedlife.com.au)

Online Code: WW9 V7F PMM

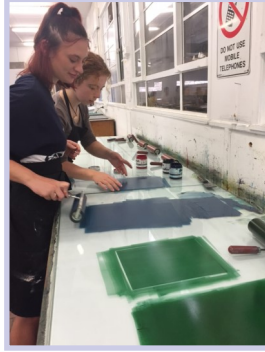
Online orders due by day of photography  
13/02/2019

St Ives High School [MLV108-1A] [H]

Should you wish to purchase a sibling photograph online, the order must be placed no later than the day before photography day. Sibling photographs will only be taken if an order has been placed.

Should you have any queries concerning school photographs or online ordering, please direct them via email to [enquiries@advancedlife.com.au](mailto:enquiries@advancedlife.com.au)

## YEAR 11 VISUAL ARTS CAMP



This week Year 11 went on a two day workshop Monday and Tuesday at the National Art School in Darlinghurst. Students participated in day long workshops in painting and printmaking run by tutors from the National Art School focusing on still life and nature. The day was complemented by a visit to Carriageworks to view a contemporary installation from Nick Cave.

Year 11 are now excited to commence their senior study of Visual Arts.

**Sharon Skilton**  
Visual Arts teacher



## LOTE UPDATE - LANGUAGES OTHER THAN ENGLISH

Did you know that St Ives High School teaches five languages other than English?

We have French, Italian and Spanish together with Chinese and Japanese. Our students can confidently be called 'globetrotters'. Our newest language is Italian and it is our new Year 7 students who get to trail blaze and try it out.

**Peta Regan**  
Year 9 Year Adviser  
EAL/D, LOTE and Quicksmart Teacher

## FEEDBACK FROM SRC SURVEY

The SRC recently ran a survey on how we could improve our organisation and overwhelmingly people wanted more communication. With that in mind, here is a heads up for the term.

- *14 February, Valentine's Day:* the SRC will be sending flowers, bear hugs or singing telegrams to students throughout the school. If students would like to purchase any of the above gifts, the SRC will be selling them on the Quadrangle at breaks.
- *World's Greatest Shave:* Students who want to raise money for cancer patients can notify the SRC who will help them out and host a public shaving in early March.
- *Week 9:* This week is *Spirit Week* and as such the SRC will be hosting a mufti day, soccer games with teachers and students, as well as a movie night on Thursday night.

**Alexander L**  
SRC Year 11

BEAR HUGS \$1.00

SINGING TELEGRAM \$2.00

FLOWER \$2.50

ALL GIFTS WILL BE DELIVERED TO YOUR VALENTINE IN CLASS

ALL 3 FOR \$5

BROUGHT TO YOU BY THE SRC

**VALENTINES DAY**

**WEEK 3 THURSDAY**

ALL GIFTS WILL BE DELIVERED TO YOUR VALENTINE IN CLASS

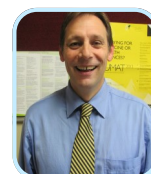
**14.FEB**

## STUDENT TERM PLANNER — A USEFUL RESOURCE FOR PARENTS

Kellie P (a parent at the school) has created resources that could be very helpful when assisting your child with organisation for homework, assignments, exam dates etc. Kellie has three children in years 5, 8 and 10 and created the planner with her own children in mind.

You may find the flyer attached to this newsletter useful for your family. Orders can be made through the website [ispyuspy.com.au](http://ispyuspy.com.au)

## CAREERS UPDATES



### University Offers 2018

Many of our 2018 year 12 students received excellent university offers and I have grouped the offers by faculty, though I am aware there is some possible overlap here.

- Engineering, Architecture.
- Accounting, Actuarial Studies, Business Administration & Management, Economics, Commerce, Law, Criminal Justice, Global or International Studies.
- Medical Science, Biotechnology, Biomedical, Science, Pharmacy, Occupational Therapy, Physiotherapy, Exercise & Sports Science, Health Sciences, Nursing, Social Work, Psychology.
- Arts, Humanities, Social Science, Communication.
- Education.
- Visual Arts, Graphic Design, Fashion.
- Film, Music, Screen Media.
- Information Technology.

### UTS Accounting Scholarship 2019

Bachelor of Accounting Cooperative Education Scholarship Program BAcc Information Evening Tue 14 May 2019. Register (free) at [www.bachelorofaccounting.com](http://www.bachelorofaccounting.com)

Round 1 Closing Date Fri 7 June 2019. Round 2 Closing Date Fri 18 October 2019.

Online applications at [www.bachelorofaccounting.com](http://www.bachelorofaccounting.com)

For more information, send an email to [carin.alberts@uts.edu.au](mailto:carin.alberts@uts.edu.au)

### NS5 Careers Expo 2019 for year 10-12 students at Chatswood HS

The date for the 2019 careers expo will be Wednesday 3<sup>rd</sup> July at Chatswood HS from 5.30-7.30pm. All major universities, TAFE and private colleges will have a table of representatives where you can ask questions and receive recent course and scholarship information.

For more information on any of these or other careers matters visit the Careers Adviser or email Mr Holmes at [neil.holmes@det.nsw.edu.au](mailto:neil.holmes@det.nsw.edu.au) or call the school on 9144 1689 ext 116.

Visit my free careers website at <http://www.careeradvicensw.com> to view career videos, take career tests, view subject selection resources, links to all universities on bonus points, scholarships, elite athletes schemes, alternate entry to university, the job market, SRS and more.

**STUDYS SPACE**  
FREE ASSISTANCE WITH HOMEWORK, ASSIGNMENTS, STRESS & TIME MANAGEMENT

TUESDAYS 3:30PM - 5:30PM  
FUSION Community Centre, 5 Jersey St, Hornsby

RESERVE YOUR SPACE:  
Phone 9477 1110 or Email [sydneynorth@fusion.org.au](mailto:sydneynorth@fusion.org.au)



# A student Term Planner that works!

See the whole term, subject by subject.

## HOW TO DECODE YOUR TERM

SUBJECT	WK 1	WK 2	WK 3	WK 4	WK 5
English	Book study Review test	Book study Review test	Book study Review test	Book study Review test	Book study Review test
Maths	Algebra like area, perimeter, etc.	Algebra like area, perimeter, etc.	Multiplying decimals	Estimating	Area, perimeter, etc.
Science	In the wild	OS: Skills, Writing Disturbance key	Evolution - Appearance	Classification	Evolution - Appearance
Language	Book 2: Book About the author	Book 2: Book About the author	Book 2: Book About the author	Book 2: Book About the author	Book 2: Book About the author

**SUBJECTS**

TERM GOALS	REWARDS!
PERSONAL To take a swim a day to stretch	Stretch free Sunday!
ACADEMIC Plan assignments early	Sweet treat!
COMMUNITY Join the school environment club	Fresh strawberries!

**TERM GOALS**

PRIORITIES	ASSIGNMENTS
URGENT Do these FIRST & keep crisis tasks to a min.	PREP 1 Create a clean flat WORKSPACE 2 Use a TIMER & avoid distractions 3 Have all TOOLS on hand
NOT URGENT LIMIT time spent on tasks with low value.	PLAN 4 Highlight KEY words 5 Draft a PLAN of attack 6 Set mini goals & REWARDS
	DO 7 REVIEW & edit often 8 Remember to REFERENCE 9 Procrastinate PRODUCTIVELY

**PRIORITIES**

ASSIGNMENTS	STUDYING
PREP 1 Create a clean flat WORKSPACE 2 Use a TIMER & avoid distractions 3 Have all TOOLS on hand	Mix up your studying style, it's fun and effective.
PLAN 4 Highlight KEY words 5 Draft a PLAN of attack 6 Set mini goals & REWARDS	VISUAL VERBAL SOLITARY LOGICAL
DO 7 REVIEW & edit often 8 Remember to REFERENCE 9 Procrastinate PRODUCTIVELY	AURAL PHYSICAL SOCIAL NATURALISTIC

**ASSIGNMENTS**

STUDYING	TIME
Mix up your studying style, it's fun and effective.	KEY 1 Sleep (8-10 hrs) 2 School/Transport 3 Eating/Personal/Chores
VISUAL VERBAL SOLITARY LOGICAL	4 Planned Activities/Work 5 Exercise/Management 6 Personal/Management 7 Screen Time/Reading 8 Social/Interact 9 Screen Time/Reading 10 Revision/Personal/Work 11 Assignment/Exam
AURAL PHYSICAL SOCIAL NATURALISTIC	12 A TYPICAL DAY MIGHT LOOK LIKE

**STUDYING**

TIME
KEY 1 Sleep (8-10 hrs) 2 School/Transport 3 Eating/Personal/Chores 4 Planned Activities/Work 5 Exercise/Management 6 Personal/Management 7 Screen Time/Reading 8 Social/Interact 9 Screen Time/Reading 10 Revision/Personal/Work 11 Assignment/Exam 12 A TYPICAL DAY MIGHT LOOK LIKE

**TIME MANAGEMENT**

The Planner makes it easy to focus your energy, prioritise tasks and manage your time.

Its simple layout means you can quickly decipher critical dates, plan ahead for assignments and establish good study habits as exams approach.

Use the Planner independently or as a complement to other organisation tools such as a diary.

### HOW TO USE

Each day quickly go through subject books and update the Planner with:

- current TOPICS
- HOMEWORK deadlines
- ASSIGNMENT timelines
- EXAM dates

Use the blank row for anything else, like events, work, reminders, appointments, IOUs etc!

### HOW TO BUY

Jump onto our website. [ispyuspy.com.au](http://ispyuspy.com.au)

Year bundle \$20  
4 planners

### HOW TO CONTACT US

Kellie · 0417 211 302  
hq@ispyuspy.com.au