



ST IVES HIGH SCHOOL 2019 CROSS COUNTRY CARNIVAL

Tuesday 7th May – Barra Brui Oval, St Ives

PREVIOUS CHAMPIONS

2012 – Jamieson	2019	2026
2013 – Overton	2020	2027
2014 – Harper	2021	2028
2015 – Harper	2022	2029
2016 – Harper	2023	2030
2017 – Jamieson	2024	2031
2018 – Harper	2025	2032



St Ives High School Cross Country

Safety Procedures

- The School Cross Country Carnival is a compulsory school day for all students.
- All students are to bring their own medication on the day. Mr Watson, Ms Nunura will be in charge of first aid.
- Students must ensure they stay on the designated track.
- Students are reminded that not completing the race in a reasonable time may cause congestion, which is a safety issue we would like to avoid. Therefore, students are not to loiter in one area or walk at a slow pace.
- As is the norm with any endurance activity, students are advised to ensure they have adequate water to maintain fluid intake & control body temperature. Remember to drink small amounts of water regularly throughout the day.
- Students are also advised to protect themselves from the harmful effects of the sun and Slip, Slop, Slap on the day.
- Remember, the main focus of the day is to have fun while participating, so please avoid any behaviour that is silly and dangerous.
- At the finish line you will enter a funnel leading to the recorders desk. Please keep the same order you finished in.
- Students are responsible for keeping the area clean by putting their rubbish in the bins.
- Students must run with a competitor number on their forearm (located outside the PE staffroom).
- The venue is walking distance from the school and students will be escorted by their teachers to the carnival and then back to school.
- If carnival is cancelled due to poor weather, check school website after 7am. Be prepared for normal lessons.

ORGANISATION (TUESDAY BELL TIMES)

Period 1 & 2

8:50am

Year 11 & Year 12 – Running P1 & P2

Roll Call on the quad for Yr11 & Yr12 students only. Normal lessons for all other students.

Period 1 teachers to escort students to Barra Brui Oval and supervise until 9:30am.

9:43am

Period 2 teachers to supervise students at Barra Brui Oval and escort them back to school at 10:30am for recess.

Period 2 & 3

9:43am

Year 7 & Year 8 – Running P2 & P3

Roll Call on the quad for Year 7 & Year 8 students only. Normal lessons for all other students.

Period 2 teachers to escort students to Barra Brui Oval and supervise until 10.30am.

10:56am

Period 3 teachers to supervise students at Barra Brui Oval then escort them back to school for 11:30am recess break.

Period 3 teachers to supervise Yr7/8 students on the quad until period 4 (11.49am).

Period 4 & 5

11:49am

Year 9 & Year 10 – Running P4 & P5

Period 4 Roll Call on the quad for Year 9 & Year 10 students only. Normal lessons for all other students.

Period 4 teachers escort Year 9 & Year 10 students to Barra Brui Oval and supervise until 12:30pm.

Period 5

1:22pm

Year 9 & Year 10

Period 5 teachers to supervise students at Barra Brui Oval then escort them back to school at 2.05pm.

Students to be dismissed from the quad at 2:15pm.

2:10pm

End of Carnival.

PROGRAM SCHEDULE

Year 11 & Year 12 (Period 1 & Period 2)

10.30am 16/17/18 yrs Girls 4000m
10.40am 16/17/18 yrs Boys 6000m

10.30am Finish

Year 7 & Year 8 (Period 2 & Period 3)

10.30am 12/13 yrs Boys 3000m
10.40am 12/13/14 yrs Girls 3000m
10.50am 14 yrs Boys 4000m

11.30am Finish

Year 9 & Year 10 (Period 4 & Period 5)

12.30pm 15yrs Girls 3000m
12:40pm 14 /16 yrs Girls 4000m
12.50pm 14 /15yrs Boys 4000m
1.00pm 16yrs Boys 6000m

1.30pm Finish / Clean up
2.05pm Walk back to school
2.15pm Dismissed from Quad



Tuesday 7th May 2019

Carnival Organisers: PE Staff
Announcer: Mr Kettels (1)
Marshall / Starter: Ms Nunura (2) Teacher (3)
Judges: Teacher (4), Student
Time Keepers: Mr Leggatt (6), Mr Zaboklicki (7), Mr Lawler (8)
Recorders: Ms Paterson (9), Ms Terrey (10), Mr Kettels (1)
Checkpoints:

A) Teacher (11)	B) Student	C) Teacher (12)	D) Student
E) Mr Holmes (13)	F) Student	G) Teacher (14)	H) Ms Moss (15) Student

Rover/Pacer + First Aid: Mr Watson (16)
Transport + General Supervision: Teachers on class periods (1-5)